



*Always Ready
Always There*

The Gem State Guardian

The official newsletter of the
Idaho National Guard

**ISSUE #109
MAY 2
2016**

IDAHO NATIONAL GUARD RUNS FOR AWARENESS

**Photos and story by Idaho Army
National Guard**

Roughly 400 Idaho National Guard members and their families joined together throughout the month of April to hold multiple 5K fun runs across the state. Idaho National Guard members in the Post Falls, Twin Falls, and Boise areas were able to support April's Sexual Assault Awareness and Prevention Month by participating in these fun, community-based events.

Participation was free and service members and their families were able to either walk or run. The 5K fun runs were held to help increase awareness and demonstrate the Idaho National Guard's commitment to the fight against sexual assault.



Each location saw a great turnout of highly motivated and energetic participants making it a very successful event.

"We really appreciate the support that we get from the members of the Guard and their families at these

events," said Chief Warrant Officer Sean Egbert, Sexual Assault Response coordinator for the Idaho National Guard. "We always have a good turnout and it's a good way for people to come together for a good cause and enjoy themselves."

This year marked the third year the Idaho National Guard has put on this event with plans to continue as an annual event. Next year they hope to host more runs throughout the state.



Guardian Online Staff

Maj. Gen. Gary Saylor
Commanding General
Maj. Chris Borders
Public Affairs Officer
Editor

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